



Post Game Self Evaluation



Umpires 

A careful self-evaluation of your performance after each game will help to make you a better official. Here are some questions to ask you're self. Be honest with yourself and explore ways that you can correct any of your mistakes. Develop a journal, track and write down each game performance, situation oversights, and lapses in memory and develop a list of ways each situation could have been handle and the next time a similar situation arises write down the results. This is great way to observe self-performance. This is also a good time to review your rulebook, umpire manual and casebook.

1. Did I blow any calls?
2. Did I make the right calls for the wrong reasons?
3. Were there any times when it was fortunate that I didn't have to make a call?
4. Did I do everything to ensure a just outcome to the game?
5. Did I fail to maintain proper control at any time?
6. When did I feel most vulnerable to outside influences?
7. Did I maintain a consisted and accurate strike zone?
8. Did I fail to seriously consider the nature of the criticism directed at my work?
9. Were there any situations where I avoided or usurped responsibility for a ruling at the expense of a partner?
10. Was there anything about my signals, gestures or style that evoked an unexpected or unwanted response?
11. Did I uphold, defend or rationalize any improper rulings?
12. Did I conduct or participate in a beneficial pre-game conference?
13. Did I obtain proper angel and distance on my calls?
14. Did I move with purpose?
15. Did I maintain proper positioning and mechanics?
16. Did I look confident without appearing over-confident?
17. Did I give the proper signals in an appropriate manner?
18. Did I develop and maintain genuine teamwork with my partners?
19. Did I react appropriately to insults or profanity directed at others or me?
20. Did I treat all participants with the appropriate amount of respect?
21. Did I make every effort to defuse potentially volatile situations?
22. Did I leave the field immediately after the contest in the company of my partners?
23. Was there a particular aspect of my performance that I could work on in the next game?